

## Health, Hygiene and Safe Food Policy and Procedures

### National Quality Standard

QA2	2.1.1	Wellbeing and comfort - Each child's wellbeing and comfort is provided for, including appropriate opportunities to meet each child's need for sleep, rest and relaxation.
	2.1.2	Health practices and procedures - Effective illness and injury management and hygiene practices are promoted and implemented.
	2.1.3	Healthy eating and physical activity are promoted and appropriate for each child
	2.2.1	Supervision - At all times, reasonable precautions and adequate supervision ensure children are protected from harm and hazard.
QA3	3.1.2	Upkeep – Premises, furniture and equipment are safe, clean and well maintained

### National Law

Section	167	Offence relating to protection of children from harm and hazards
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### National Regulations

Regs	77	Health, hygiene and safe food practices
	78	Food and beverages
	79	Service providing food and beverages
	80	Weekly menu
	88	Infectious diseases
	103	Premises, furniture and equipment to be safe, clean and in good repair
	106	Laundry and hygiene facilities
	109	Toilet and hygiene facilities
	110	Ventilation and natural light
	168(2)(a)(i)	Education and care service must have policies and procedures in relation to health and safety, including matters relating to nutrition, food and beverages, dietary requirements
	170	Policies and procedures to be followed
	171	Policies and procedures to be kept available
	172	Notification of change to policies or procedures

### My Time, Our Place

LO3	Children become strong in their social, emotional and mental wellbeing.
	Children and young people become strong in their physical learning and wellbeing

Children and young people are aware of and develop strategies to support their own mental and physical health, and personal safety
Children take increasing responsibility for their own health and physical wellbeing.

## Aim

Our service aims to promote and protect the health, safety and wellbeing of all of children, educators, other staff, volunteers, students and families using procedures and policies to maintain high standards of health, safety, hygiene and to provide safe food to children. We also aim to reduce the risk of infectious diseases and illnesses spreading and following appropriate (OHS) the relevant laws and regulations and standards (see also *Infectious Diseases Policy*). A holistic and consistent approach to health, hygiene and safe food across the service will help us to effectively meet this aim.

## Scope

The Health, Hygiene and Safe Food Policy and Procedures applies to the approved provider, the nominated supervisor, educators, all other staff, volunteers, students and families.

## Intersection with other policies

- Additional Needs Policy
- Enrolment Policy
- Food, Nutrition and Beverage Policy
- Immunisation and Disease Prevention Policy
- Infectious Diseases Policy
- Incident, Injury, Trauma, Illness Policy
- Medical Conditions Policy
- Physical Activity Promotion Policy
- Record Keeping and Retention Policy
- Relationships with Children Policy
- Staffing Arrangements Policy

## Definitions

“Classes of food premises” (Victoria only) – Class 1 - where the food being handled or served is to vulnerable people within a hospital, aged care, childcare setting, or by home delivery services that provide meals to people who are unable to prepare meals for themselves, such as Meals-on-Wheels; Class 2 - are premises that handle potentially hazardous foods; Class 3A - are premises that are

home-based businesses and accommodation getaway premises that undertake specific food handling activities; Class 3 – predominately those that handle low-risk foods or pre-packaged potentially hazardous foods; Class 4 – predominately handling pre-packaged, low risk foods. Source: Victorian Department of Health

*"Food Safety Supervisor"* - means a person who: (a) holds a food safety supervisor certificate that has been issued within the immediately preceding period of 5 years; and (b) has the authority and ability to manage and give direction on the safe handling of food. Source: Food Standards Australia and New Zealand Standard 3.2.2A

*"Food safety supervisor certificate"* - means certification as a food safety supervisor by: (a) a registered training organisation; or (b) an organisation recognised by the relevant authority under the application Act. Source: Food Standards Australia and New Zealand Standard 3.2.2A

*"Food safety training course"* - means training in food safety that includes training in each of the following: (a) safe handling of food; and (b) food contamination; and (c) cleaning and sanitising of food premises and equipment; and (d) personal hygiene. Source: Food Standards Australia and New Zealand Standard 3.2.2A

*"Handling of food"* - includes the making, manufacturing, producing, collecting, extracting, processing, storing, transporting, delivering, preparing, treating, preserving, packing, cooking, thawing, serving or displaying of food. Source: Food Standards Australia and New Zealand Standards

*"Health"* – the state of being free from illness or injury. Source: Oxford Dictionary

*"Hygiene"* – conditions or practices conducive to maintaining health and preventing disease, especially through cleanliness. Source: Oxford Dictionary

*"Potentially hazardous food"* - means food that has to be kept at certain temperatures to: (a) minimise the growth of any pathogenic microorganisms that may be present in the food; or (b) prevent the formation of toxins in the food. Source: Food Standards Australia and New Zealand Standards

*"Process"* - in relation to food, means activity conducted to prepare food for sale and includes chopping, cooking, drying, fermenting, heating, thawing and washing, or a combination of these activities. Source: Food Standards Australia and New Zealand Standards

*"Ready-to-eat food"* - means food that is ordinarily consumed in the same state as that in which it is sold, but does not include: (a) nuts in the shell; or (b) whole, raw fruits; or (c) vegetables that are intended for hulling, peeling or washing by the consumer.

*"Serve"* - means the act of setting out or presenting food to or for a person to eat that food and includes the following activities: (a) portioning food from a bulk tray or container into single serves and placing it on plates; or (b) presenting food in a bain-marie or other bulk food display unit for self-service; or (c) delivery of plated food.

## Implementation

The approved provider will ensure that the nominated supervisor (who is responsible for ensuring all staff members, educators, students and volunteers) must Our service is committed to implementing adequate health and hygiene practices and safe practices for handling, preparing and storing food handling. This policy, and related policies and procedures at the service, will be followed by nominated supervisors and staff members of, and volunteers at, the service in relation to are in place to ensure that we provide a healthy and safe environment for the children at our service. Specifically:

- Our staff, students and volunteers have the training, skills and knowledge to maintain hygienic practices and follow strict procedures, including for:
- Our staff, students and volunteers have the training, skills and knowledge to maintain hygienic practices and follow strict procedures, including for:
  - Beds/stretchers and bedding equipment
  - Spaces, furniture, equipment – including toys and books
  - Toileting and cleaning of equipment
  - Handwashing
  - Spills such as blood, faeces, vomit, urine
  - Dental care and accidents
- Our service complies with Victoria's legal and regulatory requirements for food safety and the Australia New Zealand Food Safety Standards Code. We have:
  - Strict procedures for food safety to ensure that all people at our service do not contaminate food; have unnecessary contact with ready-to-eat food; do not spit, smoke, or use tobacco in food preparation/serving areas. Our procedures cover handwashing and food handling hygiene; cleaning and maintenance of food handling areas and equipment; and the preparation, storage, temperature control, and transport of food and drinks, including for food and drinks provided by children's families.
  - A culture that encourages food safety
  - Procedures to maintain clean, pest free and well-maintained areas and equipment for food storage, preparation, and service
- Our educators work with children and families to promote health and safety issues, encourage good hygiene practices, including hand washing, coughing, dental hygiene and ear care, food safety. Children are grouped in a way that allows educators to maintain a hygienic environment
- We have defined the responsibilities of everyone who has a role in ensuring the health, hygiene and safe food at the service.
- for individual at the service.

**(a) Hygiene practices.**

**(b) Safe and hygienic storage, handling and preparation of all food and drinks, including foods and drinks provided by the child's home.**

(c) Working with children to support the promotion of hygiene practices, including hand washing, coughing, dental hygiene and ear care.

## Health and Hygiene Procedures

### Equipment and environment

- **Appendix A** – Handwashing procedure and respiratory etiquette
- **Appendix B** – Cleaning procedure for surfaces, rooms, toys and books
- **Appendix C** – Cleaning procedure for beds, bedding equipment
- **Appendix D** – Spills procedure
- **Appendix E** – Hygienic toileting procedure
- **Appendix F** – Dental hygiene and care and dental accidents procedure

## Food safety procedures

- **Appendix G** - Food Preparation and Food Hygiene Procedure
- **Appendix H** - Food Safety, Temperature Control and Transport Procedure
- **Appendix I** - Food Storage Procedure
- **Appendix J** - Maintenance and Cleaning of Food Handling Areas Procedure

## Food safety laws

In Victoria, children's services that handle food are governed by laws and regulations, including:

- [Food Act 1984](#)
- [Australia New Zealand Food Standards Code](#)
- [Education and Care Services National Law and Regulations](#)

### Food Standards Australia New Zealand Standards Code

The Food Standards Code applies to the whole of Australia. It sets the standards for food businesses in regard to food safety and handling. The standards are enforced by local/state/territory agencies.

Our service complies with the relevant Standards:

- **Standard 3.2.2 – Food safety practices and general requirements**  
Our operations, policies and procedures adhere to the specific requirements of this Standard for receiving, storing, and processing food. They also meet the Standard's requirements relating to the skills and knowledge of food handlers and food safety supervisors, the health and hygiene of food handlers, and the cleaning, sanitising and maintenance of food handling areas and equipment.
- **Standard 3.2.2A - Food safety management system (commencing 8 December 2023)**

Our service meets this Standard, which requires businesses that handle unpackaged, potentially hazardous food that is ready to eat to implement 'food safety management tools', as described below.

### **1) Training for food handlers**

Anyone who handles unpackaged potentially hazardous food that is used in the preparation of ready-to-eat food to be served to children or adults at our service must have completed a food safety training course; or have adequate skills and knowledge in food safety and hygiene to do that activity correctly and keep food safe (e.g. they have extensive relevant experience in the food industry, have completed in-house education or a food safety induction course with another employer etc).

Food safety training courses those staff/students/volunteers undertake will cover, at a minimum, each of the following topics: a) safe handling of food; and b) food contamination; and c) cleaning and sanitising of food premises and equipment; and d) personal hygiene.

Our service follows best practice and schedules regular refresher training as required for all food handlers. Training is conducted as part of the induction process for new roles and when there are significant changes to the laws and regulations

We also keep a record of all the food safety training our staff have undertaken so we can track when refresher training is due and to provide evidence to the regulatory authorities that we are complying with the Food Safety Standards.

- **Standard 3.2.3 – Food premises and equipment**

Our cleaning and maintenance procedures, as well as the design and construction of our premises and the equipment we use, ensure that our service continues to comply with this standard, which aims to minimise opportunities for food contamination.

- This Standard requires food businesses that process food for service to vulnerable persons – including to children - to implement a documented and audited food safety program.
- Our service is required to implement a food safety program.

## **Information sharing, training and monitoring**

All educators, families and children will engage in regular discussions about health, hygiene and food safety throughout our curriculum. We will work with each child to promote health and safety issues, encourage effective hygiene, food safety and dental care, and maintain a healthy environment that is safe for each child. Regular discussions between educators and children will be integrated throughout the program at appropriate intervals.



At orientation, parents will be provided with information about how to access our policies, including the *Health, Hygiene and Safe Food Policy and Procedures*. Families are required to supply information about their child's health care needs, including any allergies, on their child's Enrolment Form (see *Medical Conditions Policy* for more details). We will provide support and resources to families about managing specific health needs, including food allergies, anaphylaxis, and diabetes. If educators have a concern that relates to a child's health, hygiene or food safety, they will raise it with the child's parents.

Information on health, hygiene, safe food and dental care principles and practices will be displayed in the reception area and drawn to the attention of all parents on a regular basis. Our food handling areas display posters, checklists and instructions that communicate our safe food handling practices and procedures. Posters reminding children and adults at our service about proper handwashing practices are displayed in bathrooms and handwashing stations.

The nominated supervisor will include the *Health, Hygiene and Safe Food Policy and Procedures* in staff inductions and ensure staff, volunteers and students receive practical training in relation to the requirements, including how to identify and manage related risks. The nominated supervisor also implements an ongoing training program tailored to each staff member's needs and goals, which are identified through regular performance reviews.

The approved provider, nominated supervisor] will monitor staff to ensure they are following this policy and procedures. They will act quickly to fix any issues and will give staff any extra support or training they need to comply. Volunteers and students are also required to comply with all service policies and guidelines.

We will keep records of all training and risk assessments we conduct, which can be accessed by staff, students, volunteers and families.

In any instances where children display any signs of illness or injury, staff, students and volunteers will refer to the *Incident, Injury, Trauma and Illness Policy and Procedures* and/or *Infectious Diseases Policy*. and Incident, Injury, Trauma and Illness Record.

To uphold the general health and safety of all children using the service, all educators and visitors will follow the *Tobacco, Drug and Alcohol Policy*.

## Roles and responsibilities

All staff, volunteers, students and families must understand our *Health, Hygiene and Safe Food Policy* and their role and responsibilities in keeping children safe and well.

Also, see **Appendix K** – Example Job Description for Cooks

Responsibilities	Roles
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<p>Ensure our Service meets its obligations under the <i>Education and Care Services National Law and Regulations</i>, including to take every reasonable precaution to protect children from harm and hazards likely to cause injury and to ensure that children are adequately supervised at all times they are in our care.</p>	<p>Approved Provider Nominated Supervisor</p>
<p>Ensure our service meets its obligations under our state/territory food laws and the Australian New Zealand Food Safety Standards Code</p>	<p>Approved Provider Nominated Supervisor Food Safety Supervisor Food Handling Staff</p>
<p>Ensure that nominated supervisors and staff members, students and volunteers implement adequate health and hygiene practices and safe practices for preparing and storing food</p>	<p>Approved Provider</p>
<p>Ensure that our service has policies and procedures in place in relation to: health and safety, including matters relating to nutrition, food and beverages, dietary requirements, health, hygiene and food safety. These policies must address the specific areas set out in <i>the National Regulations</i>, relevant state/territory laws and the Food Standards - <i>i.e.</i>, this <i>Health, Hygiene and Safe Food Policy and Procedures</i> needs to be in place.</p>	<p>Approved Provider</p>
<p>Take reasonable steps to ensure that nominated supervisors, staff and volunteers follow, and can easily access, the <i>Health, Hygiene and Safe Food Policy and Procedures</i>, including by:</p> <ul style="list-style-type: none"> <li>• Providing information, training and other resources and support</li> <li>• Providing this <i>Policy</i> at induction</li> <li>• Clearly defining and communicating roles and responsibilities for implementing this <i>Policy</i></li> <li>• Communicating changes to routines and policies</li> <li>• Monitoring and auditing of staff practices and addressing non-compliance quickly</li> <li>• Regularly reviewing this <i>Policy</i></li> </ul> <p>This <i>Policy</i> must also be available for inspection.</p>	<p>Approved Provider</p>
<p>Notify families at least 14 days before changing <i>Health, Hygiene and Safe Food Policy and Procedures</i> if the changes will:</p> <ul style="list-style-type: none"> <li>• Affect the fees the charged or the way they are collected; or</li> <li>• Significantly impact the service's education and care of children; or</li> <li>• Significantly impact the family's ability to utilise the service.</li> </ul>	<p>Approved Provider</p>
<p>Implement the <i>Health, Hygiene and Safe Food Policy and Procedures</i> and ensure that all staff members, students and volunteers have adequate health and hygiene practices and safe practices for handling, preparing and storing food</p>	<p>Nominated Supervisor (Ultimate responsibility) Food Safety Supervisor</p>
<p>Be aware of and follow the <i>Health, Hygiene and Safe Food Policy and Procedures</i> and maintain adequate health and hygiene practices and safe practices for handling, preparing and storing food</p>	<p>Educators and Other Staff, Volunteers, Students (including Kitchen workers) Families</p>
<p>Ensure our service's premises, furniture and equipment are safe, clean and in good repair.</p>	<p>Approved Provider (ultimate responsibility)  Nominated Supervisor</p>
<p>Ensure that the indoor environment is hygienic and comfortable (not limited to being well ventilated and free from cigarette/tobacco smoke, with adequate natural light, and appropriately heated/cooled).</p> <p>Ensure that our service continues to have adequate and appropriate laundry and hygiene facilities for dealing with soiled clothing and linen, including storage facilities. Ensure that these facilities are maintained in a way that does not pose a risk to children.</p>	<p>Approved Provider</p>

Ensure that our service continues to have adequate, developmentally and age-appropriate toilet, washing and drying facilities are provided for use by children being educated and cared for by the service, and that the location and design of the toilet, washing and drying facilities enable safe use and convenient access by the children.	
Ensure the appropriate Medical Management Plans, Risk Management Plans and Medical Communication Plans are in place and being followed by educators and other relevant staff, including kitchen staff and other food handlers. If a child at the service is diagnosed as at risk of anaphylaxis, ensure a notice is displayed in a prominent position (see <i>Medical Conditions Policy</i> for more detail)	Approved Provider (ultimate responsibility) Nominated Supervisor
Implement/follow our <i>Infectious Disease Policy</i> if there is an occurrence of an infectious disease at our service	Approved Provider Nominated Supervisor Other Staff, Students, Volunteers
Ensure that the policy and guidelines are appropriate in practice to our service, identify risks and hazards, and any potential improvements to make to the <i>Health, Hygiene and Safe Food Policy</i> . Report any issues to the appropriate staff member (either approved provider, nominated supervisor, or educators).	Approved Provider Nominated Supervisor Food Safety Supervisor Educators and Other Staff, Students, Volunteers Families
Maintain the necessary training, skills, knowledge to handle food safety	Food handling staff, students and volunteers
Practice safe food handling according to our <i>Health, Hygiene and Safe Food Policy</i> and follow any instructions about menu preparation, including if required in a child's medical management plan	Food Safety Supervisor Food handling staff, students and volunteers
Keep abreast of our service's practices for <i>Health, Hygiene and Safe Food</i> and provide our service with the written advice in the enrolment form regarding the child's dietary requirements. Communicate to educators any changes to the child's dietary requirements	Families

## Sources

**Education and Care Services National Regulations 2011**  
**My Time, Our Place Framework for School Age Care in Australia**  
**National Quality Standard**  
**Food Standards Australia New Zealand**  
**Safe Food Australia, 2nd Edition. January 2001**  
**Caring for Children- Food, Nutrition and Learning Experiences 2014**  
**Australian Guide to Healthy Eating**  
**Australian Dietary Guidelines 2013**  
**Infant Feeding Guidelines 2012**  
**Staying Healthy Preventing Infectious Diseases in ECEC services (5th Edition) NHMRC**  
**Food Safety Standards for Australia 2001**  
**Food Standards Australia and New Zealand Act 1991 including: Standard 3.2.2 – Food Safety Practices and General Requirements; Standard 3.2.2A – Food Safety Management Tools; Standard 3.2.3 – Food Premises and Equipment**  
**Food Standards Australia New Zealand Regulations 1994**  
**Food Act 2001**  
**Food Regulation 2002**  
**Food Act 1984**  
**Department of Health Vic: Food Safety**



**Occupational Health and Safety Act 2004**  
**Occupational Health and Safety Regulations 2007**  
**Dental Injury: Healthdirect Australia**  
**Dental injuries – knocked out, chipped or cracked teeth: BetterHealth VIC**

## **Review**

The *Health, Hygiene and Safe Food Policies and Procedures* will be reviewed annually, and when there are changes that may affect the maintenance of adequate health, hygiene or safe practices, by the approved provider, nominated supervisor/s, employees, families and committee members.

**Last reviewed: 25<sup>th</sup> March 2026**

**Date for next review: 25<sup>th</sup> March 2027**

## Appendix A

### Hand Washing Procedure and Respiratory Etiquette

#### Hand washing

Our service will provide the appropriate height basins for children to wash their hands in as well as basins height appropriate for adults. Liquid soap will be provided by all individuals to wash their hands and we will ensure any allergies to soap are identified using the Enrolment Form and catered for appropriately. Along with this, the service will provide either/and/or individual towels, paper towel or an automatic dryer for people to dry their hands. We discourage the ongoing use of antibacterial soap.

#### All individuals should wash their hands:

- Upon arrival to reduce the introduction of germs.
- Before handling food.
- After handling food.
- After handling raw meat, raw poultry or raw eggs.
- After cleaning up accidents in the kitchen.
- After handling rubbish and cleaning chemicals.
- After outside activities.
- After removing gloves.
- After going to the toilet.
- After giving first aid.
- Before and after giving each child medication. If giving medication to more than one child between each child.
- Before going home to prevent taking germs home.
- After contact with bodily fluids (e.g. after coughing or sneezing).
- After any episodes of vomiting or diarrhoea.
- Alcohol based hand rubs (60-80% alcohol) can be used if hands are not visibly dirty where running water and soap is not available (such as on excursions) or if hand washing will prevent an educator from maintaining adequate supervision of the children

#### Below are instructions on how to effectively wash hands. All individuals are to follow this procedure and it should be displayed above every sink.

- Wash hands using running water and soap.
- Rub hands vigorously.
- Wash hands all over ensuring that the back of the hands, wrists, between fingers and under the fingernails are cleaned.
- Rinse hands thoroughly.
- Turn off the tap using a clean piece of paper towel.
- Dry hands thoroughly with clean towel/paper towel or an automatic dryer.
- This should take about as long as singing "Happy Birthday" twice.



### **Respiratory Etiquette**

- Children and adults are encouraged to sneeze or cough into their inner elbow or a tissue
- Used tissues should be disposed of immediately into a pedal bin and hands should be washed and dried
- Children should be taught to blow their own nose if they are developmentally ready. Children and educators should wash and dry hands after blowing noses. Alcohol based hand sanitiser can be used as alternative.

## Appendix B

### Cleaning procedure for surfaces, rooms, toys and books

#### Surfaces and rooms

- Surfaces will be cleaned with detergent after each activity and all surfaces that have frequent contact (e.g. doorknobs, taps, tables) will be cleaned thoroughly daily
- Other surfaces will be washed once a week and when visibly dirty
- All floors will be ~~in the babies and toddlers' rooms will~~ washed each day
- Areas contaminated with potentially infectious material (such as blood, vomit, body fluids from an unwell person) will be disinfected after washing (see Spills Procedure)
- Table surfaces will be cleaned and disinfected before and after meals
- Bathrooms – taps, handles, toilets, and knobs - to be cleaned daily and immediately following spills or when visibly dirty

#### Toys and books

- Mouthed toys/object will be washed daily using warm water and soap, and let to dry in the sun
- Toys will be rotated to allow for washing
- Individual toy bags will be used for babies
- Books will be cleaned by wiping with moist cloth and drying
- Toy storage areas will be cleaned weekly
- If a toy or book was being used by an unwell child, it should be removed from the room immediately and set aside for washing at the end of the day.

#### Carpets, rugs, mats and curtains

- Carpets and mats will be steam cleaned at least every 6 months and vacuumed daily
- Curtains should be cleaned if they are visibly dirty and washed every 6 months

#### Kitchen/food handling areas

- See maintenance and cleaning of food handling areas procedure

## Appendix C

### Cleaning procedure for beds/stretchers, bedding equipment

To ensure sleeping environments are hygienic, staff will:

- Clean beds/stretchers and mattress covers with detergent and warm water:
  - every day or at end of week if used by same child and
  - if visibly dirty during the day
- Make sure each child has their own bed linen
- Wash linen and mattress covers, or return them home, on child's last day for the week.
- If poo/urine/vomit etc gets on the bed/stretcher/mattress/linen
  1. wash hands and put on gloves
  2. clean the child
  3. remove gloves
  4. dress the child
  5. wash child's hands
  6. educators wash hands
  7. put on gloves
  8. remove most of the soiling in the/bed with paper towels
  9. place paper towels in garbage bin
  10. put linen in a plastic-lined, lidded laundry bin. Throw liner out after linen is washed and place new liner in bin
  11. clean bed or mattress thoroughly with detergent and water
  12. use disinfectant after detergent if surface is or could be contaminated with infectious material.
  13. air dry if possible
  14. remove gloves and wash hands
  15. put clean linen on bed

## Appendix D

### Spills procedure

Educators and staff will use a spill kit to immediately clean up spills of blood, urine, vomit and faeces.

#### Spill kits will contain:

- disposable gloves
- paper towel
- disposable cloths or sponge
- detergent
- disposable scraper and pan to scoop
- bleach solutions which will be prepared to manufacturer's instructions daily. Any bleach solution which is not used after 24 hours will be discarded.

#### Blood

To clean up a spot of blood educators and staff will:

- wear gloves
- wipe up blood immediately with a damp cloth, tissue or paper towel
- place the cloth, tissue or paper towel in a plastic bag, seal and put in the rubbish bin
- remove gloves and put them in the rubbish bin
- wash surface with detergent and warm water
- disinfect the surface after cleaning it with detergent and warm water if the spill is known or suspected to be infectious
- wash hands with soap and water

To clean up a small blood spill educators and staff will:

- wear gloves
- place paper towel over the spill and allow the blood to soak in
- carefully lift the paper towel and place it in a plastic bag, seal and put in the rubbish bin
- remove gloves and put them in the rubbish bin
- clean the area with warm water and detergent using a disposable cloth or sponge and place the cloth in the rubbish bin
- wipe the area with diluted bleach and allow to dry
- wash hands with soap and water

To clean up a large blood spill educator will:

- wear gloves
- cover the area with an absorbent agent (e.g. sand) and allow the blood to soak in
- use a disposable scraper and pan to scoop up the absorbent material and any unabsorbed blood or body fluids

- place the absorbent agent, the scraper and the pan into a plastic bag or alternative, seal and put in the rubbish bin
- remove gloves and put them in the rubbish bin
- mop the area with warm water and detergent and wash the mop after use
- wipe the area with diluted bleach and allow to dry
- wash hands with soap and water

#### **Faeces, vomit and urine**

To clean up faeces, vomit and urine, educators and staff will:

- wear gloves
- place paper towel over the spill and allow the spill to soak in
- carefully remove the paper towel and any solid matter, place in a plastic bag, seal and put in the rubbish bin
- clean the surface with warm water and detergent, and allow to dry
- disinfect the surface after cleaning it with detergent and warm water if the spill is known or suspected to be infectious (e.g. diarrhoea or vomit from a child with gastroenteritis)
- wash hands thoroughly with soap and warm running water.

#### **Nasal discharge**

When cleaning children's noses, educators and staff will:

- wash hands after every nose wipe or use an alcohol base hand sanitiser to clean hands. If wearing gloves, educators and staff will do this after removing gloves
- dispose of dirty tissues immediately in a hands-free/pedal bin

## Appendix E

### Hygienic Toileting Procedure

The procedure for toileting will be displayed in the toileting area.

Toileting occurs at any time of the day and is specific to individual needs. Educators will communicate with parents/guardians to develop consistency with their child's toileting habits. Educators must be aware of and consider any special requirements related to culture, religion or privacy needs.

At times it may be necessary for a student to assist children in the area of toileting as part of practical education requirements, and a trained educator must always be present to monitor this situation and ensure the procedure is being followed adequately. If a parent is present and helping their child (toileting in the bathroom), it is required that an educator accompany any other children needing to use the bathroom at the same time.

**Additionally, the service will follow hygienic toileting practices at all times using the following procedure -**

- Educators will at all times encourage the child to be independent in their toileting habits and provide assistance as and when needed.
- It is better to use the toilet when toilet training for effective hygiene and infection control factors.
- The service will ensure that toilets and hand washing facilities are easily accessible to children.
- Children will be encouraged to flush toilets and wash hands after use.

**Disposable gloves should be used for any of these stages in the toileting procedure:**

- Help child to remove clothing if needed.
- Help child onto toilet if needed.
- Help the child to wipe themselves, encouraging them to wipe front to back.
- Encourage the child to flush the toilet themselves.
- Encourage the child to wash and dry hands on single sheet of paper towel, and then to leave the bathroom.

**If the child has soiled or wet their clothing:**

- Remove any wet/soiled clothing and seal in a bag for washing. It must be double-bagged.
- Clean and dry the child.
- Remove your gloves and wash hands, do not touch the child's clean clothing.
- Put on new gloves and dress the child, wash and dry the child's hands. Have them leave the bathroom.
- Clean any spills following procedure for cleaning spills of body fluids.
- Remove and dispose of gloves, wash and dry your hands.

## Appendix F

### Dental hygiene and care and dental accidents procedure

#### Dental Hygiene and Care

- The service will arrange for dental health professionals to attend the service to discuss good dental health practices and guidelines with educators, children and family members.
- Educators should actively seek to be positive role models for children and families in attendance at the service.
- Educators form positive relationships with family members and children to discuss and encourage good dental health practices and ensure the continuity of care of each child. Information should be made available to family members and educators in their home language.
- The service integrates educative information and guidelines on good dental health practices into the daily routine. This should include information on tooth brushing, tooth friend snacks and drinks and going to the dentist and/or dental health professionals.
- The service will actively encourage good dental health practices including eating and drinking habits, tooth brushing and going to the dentist and/or dental health professionals.
- Children will be encouraged to drink water to quench their thirst and remain hydrated.
- Children will be encouraged to rinse their mouths with water to remove food debris after every meal or snack. Educators will supervise such practices. For babies, their gums should be cleaned gently with a damp cloth to remove plaque and milk.
- Family members should be informed without undue delay any incident or suspected injury or issue with their child's dental health which may include teeth and gums, gum swelling, infection in the mouth, or problems, pain or discomfort the child has with chewing, eating or swallowing food or drink.
- Educators will be aware of dental first aid and receive appropriate professional development opportunities where appropriate.

#### Dental Accidents

If a dental accident occurs at the service, it will be managed as an emergency and injury forms will be completed.

##### *For baby teeth:*

- Do not try and replace the tooth in child's mouth
- If unsure whether the tooth is an adult or baby tooth, store tooth in milk, sterile saline or child's saliva as outlined below (enough to cover the whole tooth.)
- Seek dental advice as soon as possible (i.e. immediately) and ensure staff or the parent takes the tooth/tooth fragment to the dentist with the child.

##### *For permanent teeth:*

- If tooth is dirty, gently rinse the tooth/tooth fragments in clean milk, or if unavailable, sterile saline or child/adult's saliva (e.g. get them to spit into cup) for a few seconds to remove excess dirt and blood. Do not rinse with water.
- Handle the tooth by its crown (the white enamel top part of the tooth), not its root and be careful not to rub off the endothelial fragments on the root of the tooth as these are needed for the tooth to take if replaced by the dentist.
- If child/adult can be relied on not to swallow their tooth, replace tooth back into the socket. (Ensure the tooth is replaced the correct way round, in its original position, using the other teeth next to it as a guide). Hold the tooth in place by gently biting on a clean handkerchief or gauze pad.
- If unable to reinsert the tooth, get the child/adult to hold the tooth inside the mouth next to the cheek or place the tooth in clean milk, sterile saline, or wrap in plastic wrap with some of the person's saliva if these unavailable. Do not store in water. Do not transport the tooth in a tissue or cloth as this will dry the tooth out.
- Seek dental advice as soon as possible and ensure you or the family takes the child to the dentist with the tooth/tooth fragments within 30 minutes, as the root endothelial layer begins to deteriorate after 30 minutes.
- If the tooth has been in contact with dirt or soil, advise the family that tetanus prophylaxis may be required and advise them to consult with both their dentist and doctor.

## Appendix G

### Food Preparation and Food Hygiene Procedure

Our service will follow appropriate food preparation hygiene techniques to meet the requirements of the *Food Standards Australia New Zealand Code*, such as including:

- Wash hands before and after food preparation.
- Cleaning food preparation area before, during and after use.
- Use a clean and sanitised chopping board and knife.
- Use colour-coded chopping boards to prevent cross contamination of raw food.
- Ensuring that individuals preparing food know, follow and adhere to the appropriate hygiene procedures. This includes:
  - Washing their hands according to our service's procedure
  - Avoiding unnecessary contact with ready-to-eat foods (e.g. salads, cooked meats)
  - Keeping their personal hygiene at a high level. For example, tying their hair back or keeping it under a net
  - Not wearing jewellery (wedding band excluded)
  - Covering cuts with a blue or other highly visible coloured band-aid and gloves
  - Keeping fingernails trimmed and clean and always wearing gloves if they are wearing nail polish, nail decorations or artificial nails or have long fingernails
  - Storing personal belongings away before handling food
  - Wearing clean cloths and apron over clothes.
  - Removing apron when leaving the kitchen or food preparation area.
  - Not eating over unprotected food.
  - Not sneezing, blowing or coughing unprotected food.
  - Not spitting in food handling areas.
  - Not smoking or using tobacco or similar in food handling areas.
  - Not preparing food with an infectious illness or skin, eye, ear or nose infection (see 'Health of Food Handlers' below for more information)
- Avoiding the contamination of one work area to another by using colour-coded wash cloths and having specific cleaning implements (for example gloves and scourers) for a specific area.
- Avoiding the contamination of one work area to another by using the colour-coded wash cloths system and restricting the movement of contaminated items (such as gloves and cleaning implements) from one area to another.
- Clean children's dining tables with soap and water and dry before serving food.
- Ensuring food is always served in a hygienic way using tongs and gloves.
- Clean children's dining tables with soap and water and dry after meal times.
- Each child will be provided with their own clean drinking and eating utensils at each mealtime. These utensils will be washed after each use. Educators will actively encourage and monitor children so they do not use drinking or eating utensils which have been used by another child or dropped on the floor.
- Providing families with current and relevant information about food preparation and hygiene.

- Showing and discussing with children the need for food hygiene in both planned and spontaneous experiences.
- Ensure kitchen, sink, walls, cupboards are thoroughly clean at all times.
- Clean fridge weekly.
- Clean oven monthly.
- Clean cupboard interiors bi-monthly or more frequently if necessary.
- Cover all food with cling wrap or foil when needed.
- Ensure all foods are stored in the correct manner.

### Health of food handlers

Our service has a legal responsibility to ensure that food handlers who are suffering from or are a carrier of a food borne disease do not engage in any food handling activities.

If a food handler has any of the following symptoms, they must immediately inform **the food safety supervisor (or nominated supervisor)**; seek medical attention and not return to food handling duties until they have been symptom free for 48 hours:

- diarrhea
- vomiting
- sore throat with fever
- fever
- jaundice

If a food handler has been diagnosed with any of the following diseases, they must not touch food or food contact surfaces and they cannot return to food handling duties until they have a medical certificate clearing them:

- Hepatitis A
- Norovirus
- Typhoid fever
- Shigellosis
- Staphylococcal or Streptococcal disease

## Appendix H

# Food Safety, ~~Temperature Control~~ and Transport Procedures

## Food Safety

We will, to the best of our ability, educate and promote safe food handling and hygiene in the children and families by:

- Provide food safety information from Safe Food Australia and our state/territory's regulator
- Encouraging parents to the best of our ability to continue our healthy eating message in their homes. This information will be provided upon enrolment and as new information becomes available.
- Encouraging educators to present themselves as role models. This means maintaining good personal nutrition and eating with the children at meal times.
- Providing nutrition and food safety training opportunities for all educators including an awareness of other cultures food habits.

### Temperature Control

The bacteria that commonly cause food poisoning grow rapidly between 5°C and 60°C, this is commonly referred to as the "temperature danger zone". The time potentially hazardous food can be safely held is known as the 2-hour/4-hour rule:

**0-2 hours – Eat it, use it or keep it at or below 5 °C, or at or above 60 °C.**

**2-4 hours – Eat it or use it**

**More than 4 hours – Throw it away**

Cooking temperature – Potentially hazardous foods such as meat, poultry, eggs, seafood, cooked rice and pasta, must be cooked to an internal temperature above 75 °C. Once these foods have been cooked this internal temperature, they can be reheated once to a temperature above 60 °C.

- Use a thermometer to make sure fridge is below 5°C. Don't overload refrigerators, as this reduces cooling efficiency.
- Fridges and freezers need to be cleaned regularly and fridge door seals checked to be in good repair.
- The operating temperature of the fridge and freezer need to be checked regularly and a record kept of this.

### Perishable food

- All perishable food for children brought from home will be immediately placed in the refrigerator provided in the service. Children's food will be removed from insulated containers before placing in the refrigerator.
- Don't leave perishable foods in the temperature danger zone for longer than 2 hours.

- Keep cold food in a fridge/freezer, below 5°C until you are ready to cook or serve, e.g. if you are serving salads keep them in the fridge until ready to serve.
- Keep hot food in an oven or on a stove, above 60°C until you are ready to serve
- Only take refrigerated ingredients such as milk, cheese, eggs out of the fridge as you need them, so they stay cool. Return them to the fridge as soon as you have finished using them.

#### **Cooking potentially hazardous foods**

- Test internal food temperature with a probe thermometer and document the temperature reached. Clean thermometers after use. Use the following as a guide to know that food is cooked thoroughly:
  - Minced meat dishes must be cooked all the way through until steaming hot in the centre with no pink.
  - Meat cuts surfaces must be fully cooked, but the centre may remain slightly pink (e.g. Steak, lamb chops)
  - Chicken must be cooked all the way through until steaming hot in the centre with no pink in the centre. Juices in the thickest part (leg/thigh) should run clear
  - Cook eggs until white is firm and yolk begins to thicken. Cook egg dishes all the way through until they are firm or set in the middle
  - Fish must be cooked all the way through until the flakes separate easily with a fork
  - Liquid dishes must be boiled or simmer until bubbling rapidly and steaming (e.g. soups, stews)

#### **Storing and reheating leftovers**

- Refrigerate leftovers as soon as possible. Throw away any leftovers that have been out of the fridge for more than 2 hours
- Store food once it has sufficiently cooled down (e.g. 20-30 minutes). Foods cool quicker in smaller, shallow containers. Cool liquid foods more quickly by stirring occasionally to release the steam.
- Keep food covered during cooling to protect it from contamination. If a food becomes contaminated, throw it away.
- Leave space around food containers that are cooling in the fridge – do not stack and do not overcrowd
- Only store the cooked and cooled food in the fridge for 48 hours. Freeze within 48 hours of cooking.
- If reheating leftovers:
  - Preheat equipment such as ovens/grills
  - Reheat to steaming hot (temperature must reach over 60°C)
  - Stir or turn food during reheating to make sure it heats evenly
  - Follow reheating instructions from the manufacturer or supplier
  - Do not add raw food or mix in new batches of food into already reheated food
  - Allow to cool for a short period before serving to children.
  - Only reheat once
  - Note, re-heating food is not always recommended.

### Thawing/defrosting food

- Frozen food must be thawed thoroughly before cooking. Check that food for ice crystals in the centre of the thickest part of the food using a skewer or finger.
- Never defrost foods on the bench top.
- Use thawed food quickly and thaw once only. Throw away unused thawed food.
  - Thawing in fridge (recommended):
    - Plan ahead to allow enough time to thaw food at a safe temperature (e.g. overnight for small portions but 1-2 days for whole chicken)
    - Thaw on a tray or covered container on the bottom shelf of the fridge
  - Thawing under running water:
    - Thaw food in a container with a lid under running water at 21 °C or below
    - Do not leave for more than 4 hours
    - If food is still frozen after 4 hours, continue to thaw in the fridge
    - If water temperature goes above 21 °C, throw the food away
  - Thawing in the microwave:
    - Thaw on a plate/bowl and use the defrost or a low setting
    - Turn food occasionally so it thaws evenly
    - If the thawed food is not used within 30 minutes, throw it away

### Purees

- Keep cooked pureed food separately from raw foods
- Make sure blenders/processors are clean before using – pull blender apart and clean, sanitise and dry each part individually after every use
- Try to puree foods just before serving and freeze/throw away any leftover pureed food
- Reheat puree that has been frozen to a minimum core temperature of 75 °C.
- Use cut fruit and vegetables in the day they are prepared and serve immediately after preparing if possible. If not serving within 2 hours, cover and store in the fridge until ready to serve (that day).

### Fruit and vegetables

- Wash fruit, vegetables and salad ingredients thoroughly in clean, drinking-quality water just before preparing and serving.
- Peel, trim or remove the skin or outer leaves, if applicable, Removed bruised or damaged bits. Be especially careful when preparing rough skin fruit (such as strawberries or rock melon – these have been linked to foodborne illnesses) and make sure to thoroughly wash the skin of these fruits.

### Raw egg products

- Eggs can contain salmonella and there is a risk of illness when they are eaten raw or lightly-cooked
- Check eggs are fresh and have not past their used by dates, are clean, free from dirt/feathers and have no visible cracks
- Check eggs have been stamped with the producer's unique identifier
- Store eggs in the fridge
- Wash your hands before and after handling eggs

- Don't use cracked or dirty eggs
- Cook thoroughly
- If making batters with eggs such as pikelets and pancakes, make sure the batter is cooked all the way through
- Don't let children lick bowls or mixing spoons
- Our service does not serve foods that contain raw/lightly cooked eggs and only uses commercially prepared mayonnaise and other sauces that contain egg products

### Honey

- Do not serve honey to children who are under one in any form, even cooked, as they may acquire infant botulism
- Honey is safe for children who are over one year old

### Food Allergens

- Follow our *Medical Conditions Policy*, which provides details on managing food allergies. Always follow medical management plans in place.
- Inspect food labels for the presence of allergens and request allergen information from supplier if food is unlabelled
- Use separate utensils and areas for storage, preparation and service of allergen-free food
- Separate allergen and allergen free food and store in sealed containers
- Make sure that utensils, equipment and work benches are cleaned and sanitised before preparing allergen free food

### Cooking with Children

We sometimes include cooking experiences in our service's programming for the children. When these experiences are carried out, educators that are supervising will be vigilant to ensure food preparation remains a hygienic and safe experience. The relevant points from the above food preparation procedure will be followed during the children's cooking experiences.

Examples of the types of activities children will participate in during cooking experiences include:

- Helping choose what to cook.
- Measuring and weighing ingredients.
- Stirring or mixing ingredients.
- Washing salad, vegetables or fruit.
- Setting the tables.

To ensure food safety:

- Follow all our usual procedures for food safety
- Ensure children wash and dry hands before and after cooking
- Don't let children lick bowls or utensils (e.g. when making cakes, muffins, pikelets etc)
- Make sure food with eggs has been cooked all the way through to the middle before children taste them
- Only take refrigerated ingredients such as milk, cheese, eggs out of the fridge as you need them, so they stay cool. Return them to the fridge as soon as you have finished using them

### **Taking food on excursion**

If we are providing food for children to eat on an excursion, we will:

- Not take perishable foods if they won't be eaten within four hours
- Preferably choose food that doesn't need to be kept cold (e.g. sandwiches with vegemite or jam, crackers, muffins, UHT milk, whole fruit)
- Chill any perishable food thoroughly before an excursion
- Pack chilled food in an esky or cooler bags with ice bricks/frozen drinks
- Pack hot foods in an insulated container (e.g. foam box/thermos)
- Keep raw foods separate from cooked or ready-to-eat foods
- Wash and dry hands before handling food. Pack hand sanitiser if you know hand washing facilities aren't available.
- Keep transport time to a minimum and keep to the rules about the 'temperature danger zone' – try to serve and eat food within two hours of being prepared
- Don't open insulated bags/containers until you are just about to serve the food

### **Birthday Cakes**

To prevent germs spreading when a child blows out birthday candles, birthday cakes must be:

- separate cupcakes for all children including one with candles for the birthday child or
- a separate cupcake with candles for the birthday child and a large cake that can be cut and shared

### **Play Dough**

To reduce the risk of spreading infections, educators will:

- make a new batch of play dough each day or make a new batch each week and take out enough play dough for each day
- store the remaining play dough in an airtight container away from children
- ensure children and educators wash their hands before and after using play dough

### **Purchasing food**

- Food must be purchased from reputable and trusted suppliers/shops only
- Only purchase food that is in good condition (e.g. packaged food must be clean, intact and undamaged, fresh produce is clean, fresh and undamaged, cold food must be at 5°C or below, hot food at 60°C or above, frozen food must be hard frozen)
- Check food has not expired

## **Food Transport**

**Protecting food from contamination will be achieved by:**

- Using containers with lids or by applying plastic film over each container. These materials will be suitable for food contact to ensure that they do not contain any chemicals that could leach into the food.
- Aluminium foil, plastic film and clean paper may be used, and food will be completely covered.

- Food already in packaging may not need additional coverage. However, if additional coverage is required the above will apply.
- Previously used materials and newspaper will not be used.

**Temperature control for transport**

- When potentially hazardous foods are being transported, they will be kept at or below 5 degrees Celsius for cold food, or above 60 degrees Celsius for hot food.
- If the journey is short, insulated containers may be used to keep the food cold/hot. If the journey is longer, ice bricks or heat packs will be used to maintain temperature requirements.
- Only pre-heated or pre-cooled good will be placed in insulated containers, which will have a lid to maintain temperatures.
- Insulated containers will be kept clean and in good working conditions at all times, will only be used for food and will be kept away from other items such as chemicals or fuel.
- Insulated containers will be filled as quickly as possible and closed as soon as they have been filled and kept closed until immediately before the food is needed or is placed in other temperature-controlled equipment at the destination.

**The following will be considered when transporting food:**

- Containers of cool food will be placed in the coolest part of the vehicle.
- If the inside of the vehicle is air-conditioned, cold food may be transported better here rather than in the boot.
- Vehicle will be kept clean and maintained at hygienic standards.
- When food is being packed in the vehicle, cold foods will be collected last and immediately placed in insulated containers for transporting.
- Upon arrival at the destination, educators will immediately unload any hot or cold food and place it in an appropriate temperature-controlled environment.
- All food will be served within two hours of it being cooked.

## Appendix I

### Food Storage Procedure

In order to implement safe food storage practices to the highest possible standard, educators staff will access, and amend their practices to, the latest known information. This information will be passed onto families.

Educators Staff will then implement these standards in the service by inspecting food items when first brought into the service to ensure they are in good order - for example, not in damaged packing, within their used by date period and at a correct temperature. Educators Staff will then see that they are appropriately stored as per the following:

- All foods (dry, cold and frozen) will be used by the FIFO rule (first in, first out). This will allow a rotation of food to make sure older stock is used first.
- Store dry foods in sealed, air-tight containers.
- Store according to the manufacturer's instructions.
- Store food – including play dough ingredients - on shelving off the floor, separately from chemicals.
- Any food removed from its original container must be stored in a container that is labelled with the product's name, the used by date ~~of the food written on it~~, ingredients ~~must also be listed with the~~ and the date it was opened.
- Ensure the food storage area is well cleaned, ventilated, dry, pest free and not in direct sunlight.
- Prevent pests by cleaning spills as quickly as possible and removing garbage/waste frequently.
- If pest activity is observed, notify the nominated supervisor who will contact the pest controller.
- Throw away any food that has been exposed to chemicals, or that is old, damaged, unlabelled or past its expiry date.

**For cold storage, the following applies:**

- All foods are wrapped, covered, dated (used by date and date it entered the service) and labelled
- Foods are stored at the correct temperature depending on the product. Cold foods need to be stored at less than 5 degrees (C) and frozen foods at minus 18 degrees (C).
- Store foods on shelves.
- Store raw and cooked foods separately from other food. NEVER store raw foods on top of cooked foods or fruit and vegetable as juices may drip down and contaminate.
- Store food once it has sufficiently cooled down. Foods cool quicker in smaller, shallow containers.
- Leave space around food containers that are cooling in the fridge – do not stack and do not overcrowd



- Only store the cooked and cooled food in the fridge for 48 hours. Freeze within 48 hours of cooking.
- Fridges and freezers need to be cleaned regularly.
- The operating temperature of the fridge and freezer need to be checked regularly and a record kept of this.
- Avoid overloading fridges and freezers
- Remove food from insulated lunch bags in fridges to allow cool air to circulate.

## Appendix J

### Maintenance and Cleaning of Food Handling Areas

#### Maintenance

- Check for issues daily and report to the nominated supervisor who must arrange for any repairs to be undertaken as soon as possible. Document all maintenance
- Conduct a 12-monthly internal audit and maintenance checklist
- Benches, chopping boards, knives, utensils, bowls, plates, containers, pots, blenders, tins, trays, saucepans, frying pans etc must be designed, constructed and maintained in a way that minimises contaminated food
- Fridges, freezers, stoves, ovens, grills, mixers, grinders etc must be kept clean and in good working order. Any service reports must be maintained
- Equipment should only be used according to its instructions
- Throw away any chipped, broken or cracked eating or drinking utensils and repair/replace any equipment or utensils that are damaged or have loose parts
- Repair any damage to food handling areas such as damp/chipped plaster, broken tiles, holes in cupboards, walls, windows
- Clean extractor fans and filters regularly

#### Daily cleaning

- Clean surfaces and equipment throughout food handling
- Wipe up spills immediately
- Wash surfaces/equipment thoroughly with hot water and detergent between tasks
- Wash equipment and utensils with hot water and detergent until clean. Rinse with clean water. Air dry or dry with a clean tea towel
- Dishwasher should be used on hottest cycle and cleaned regularly
- Wipe clean and sanitise bench tops
- Sweep and mop floors with a detergent solution. Air dry
- Bins must be kept clean and stored in a way that does not attract pests or cause bad odours
- Clean and sanitise used aprons, tea towels and reusable cloths
- Keep separate handwashing area clean
- All cleaning chemicals must be suitable to be used with food and only used following the manufacturer's instructions. Keep stored out of reach of children and away from food
- Use paper towels if possible. Use to dry hands and wipe up spills. Dispose of immediately
- Dishcloths must be replaced or sanitised daily. If they have come into contact with raw meat, they must be sanitised with hot water or chemicals or thrown away.
- Do not use tea towels that are intended to be used for drying dishes for mopping up spills or drying hands
- Clean and sanitise oven mitts regularly
- At the end of the day:
  - Clean and sanitise the kitchen, eating area, all food contact surfaces and food handling equipment, where appropriate



- Use a checklist to record and to make sure nothing is overlooked

## Appendix K

### Example Job Description for Cooks

**Responsible to:** Owner/Operator and Nominated Supervisor

#### AIMS OF THE POSITION

- Provide and prepare a variety of well-balanced nutritional meals
- Ensure a high standard of cleanliness of the kitchen and equipment
- Handle food safely
- Identify and manage risks and prevent or correct them
- Promote a culture of food safety
- To be an active team member of the service

#### DUTIES OF THE POSITION

- Adhere to Australia New Zealand Food Safety Standards.
- Plan a weekly menu.
- Provide a diet for the children which has reduced sugar, no added salt, low fat, high fibre, and is free from artificial colours and preservatives.
- Ensure any special diets are adequately catered for e.g. vegetarian, diabetic, dairy intolerance etc. An alternative must be prepared.
- Make a shopping list from weekly menu.
- Rotate stock each week.
- To prepare fresh fruit and vegetables that are not already prepared.
- To follow the menu.
- Prepare lunch and afternoon tea for both rooms. To deliver to both rooms.
- To prepare afternoon tea for After School Care.
- Wash and wipe dishes.
- Assist with social functions e.g. Easter, Christmas, Eid al-Adha, etc.
- Reduce wastage of food.
- Be responsible for maintain food handling areas are cleaned and sanitised in line our with our Food Preparation and Food Hygiene Procedure.
- Always follow our service's policies and procedures for Health, Hygiene and Safe Food
- Ensure kitchen, sink, walls, cupboards are thoroughly clean at all times.
- Clean fridge weekly.
- Clean oven monthly.
- Clean cupboard interiors bi-monthly or more frequently if necessary.
- Cover all food with cling wrap or foil when needed.
- Ensure all foods are stored in the correct manner. These points have been moved into Food Preparation and Food Hygiene Procedure

#### PERSONAL

- Maintain personal hygiene in the food preparation.



- Wear disposable gloves or use tongs when handling food.
- Attend all staff meetings as an active staff person.
- To interact positively with children, educators and visitors.
- Sign attendance book daily.
- WORK AT ALL TIMES TOWARDS THE SERVICE PHILOSOPHY AND ABIDE BY THE POLICIES OF THE SERVICE.

***I undertake to fulfil the specification of this job description, abide by the policies of this service and to follow the instructions of the Nominated Supervisor and Owner/Operator.***

Full Name \_\_\_\_\_  
Signed \_\_\_\_\_  
Date \_\_\_\_\_